



- FOR PATIENTS -
Call to schedule an appointment
1-888-297-5909
OR
404-351-5307

**INTEGRATED
 THERAPY**
 Integrated Therapy NC, LLC
AQUATIC PHYSICAL THERAPY

- FOR PROVIDERS -
Fax Rx with demographics to
1-888-415-0775
OR
404-351-5308

2221 Peachtree Road, N.E. • Suite D-336 • Atlanta, GA 30309-1106
 www.aqua-pt.com • Email: info@aqua-pt.com

Patient Name _____ DOB _____

Diagnosis _____

ICD-10 Code _____

Precautions or Special Instructions _____

Frequency & Duration of Treatment _____

Please select from the following services:

* Evaluate and Treat * Aquatic Physical Therapy

Aquatic Therapy Techniques

- Bad Ragaz
- Watsu
- Buoyancy Assist/Resist Ex
- Trunk Stabilization
- Endurance/Conditioning

Mobilization

- Manual Traction
- Myofascial Release
- Scar Tissue Management
- Soft Tissue
- Trigger Point

Specialized Training

- Pre-Post Surgical
- Pain Management
- Posture
- Joint Stabilization
- Spinal Stabilization
- Williams/McKenzie

Gait and Balance Training

Ordering Provider: _____ Provider's Signature: _____

I hereby certify that the services indicated are medically necessary.

Date: _____

CHARLOTTE AREA

1 MONROE

Monroe Aquatics
& Fitness Center
2325 Hanover D
Monroe NC 28110

2 SOUTH CHARLOTTE

Lifetime Fitness
11220 Golf Links Drive
Charlotte, NC 28277

3 SOUTH PARK

Marion Diehl Rec Center
2219 Tyvola Rd
Charlotte, NC 28210

4 MYERS PARK

YWCA Central Carolinas
3420 Park Rd
Charlotte, NC 28209

5 UPTOWN

Mecklenburg County
Aquatic Center
800 E. M.L.K. Jr. Blvd
Charlotte, NC 28202

6 UPPER EAST SIDE

Eastway Regional Rec Center
3150 Eastway Park Dr
Charlotte, NC 28213

7 UNIVERSITY CITY

Keith Family YMCA
8100 Old Mallard Creek Rd
Charlotte, NC 28262

8 NORTH CHARLOTTE

McCraey YMCA
3801 Beatties Ford Rd
Charlotte, NC 28216

9 HUNTERSVILLE

Huntersville Family
Fitness and Aquatics
11725 Verhoeff Dr
Huntersville, NC 28078

10 LAKE NORMAN

Lake Norman
Family Branch YMCA
21300 Davidson St
Cornelius, NC 28031

11 MOORESVILLE

Lowe's YMCA
170 Joe Knox Ave
 Mooresville, NC 28117

PIEDMONT TRIAD

12 KERNERSVILLE

Kernersville Family YMCA
1113 W Mountain St.
Kernersville, NC 27284

13 JAMESTOWN

Mary Perry Ragsdale
Family YMCA
900 Bonner Drive
Jamestown, NC 27282

14 Southeast Greensboro

Hayes-Taylor Memorial
YMCA
2630 East Florida Street
Greensboro, NC 27401

15 East Greensboro

Smith Active Adult Center
2401 Fairview Street
Greensboro, NC 27405

RALEIGH AREA

16 MORRISVILLE

Morrisville Aquatic
& Fitness Center
1301 Morrisville Pkwy
Morrisville, NC 27560

17 CARY

Lifetime Fitness
1700 Regency Pkwy
Cary, NC 27518

18 RALEIGH

Lifetime Fitness
8515 Falls of Neuse Rd
Raleigh, NC 27615

19 CLAYTON

Riverwood Athletic Club
205 Athletic Club Blvd
Clayton, NC 27527

20 SMITHFIELD

Smithfield Recreation
& Aquatic Center
600 M. Durwood
Stephenson Pkwy
Smithfield, NC 27577

BRUNSWICK AREA

21 Brunswick/Bolivia

Dinah E. Gore Sports
& Aquatics Complex
210 College Rd NE
Bolivia, NC 28422

